

4<sup>th</sup> Kup to 3<sup>rd</sup> Kup, Blue Belt to Red Tag. Student Name \_\_\_\_\_

Age	Requirement	Very Good	Good	Average	Poor	Unacceptable	Date of Grading: _____ Examiner: _____	Comments
<b>Patterns &amp; Kiboms</b>								
	Kibom Sohn il							
13+	Kibom Sohn Ee							
13+	Kibom Areeil							
13+	Kibom Aree Ee							
13+	Kibom Sohn Sam							
13+	Kibom Aree Sam							
	Tae Geuk il Jang							
	Tae Geuk Ee Jang							
	Tae Geuk Sam Jang							
	Tae Geuk Sah Jang							
	Tae Geuk O Jang							
	Tae Geuk Yook Jang							
<b>Stances</b>								
	N/A							
<b>Blocks</b>								
	Scissor Block							
<b>Strikes</b>								
	N/A							
<b>Kicks</b>								
	Jumping Back Kick							
<b>Sparring &amp; Partner Work</b>								
	One for One Kicking							
	Free Sparring							
	Free Sparring (2 vs 1)							
	One Step Sparring							
<b>Self Defence</b>								
	4 Basic Release Movements							
	Release against Grabs							
<b>Breaking</b>								
16+	Jumping Kick of Choice						Difficulty: High [ ] Low [ ]	
16+	Ridge Hand Strike							
<b>Theory &amp; Translations</b>								
	1.							Correct / Close / Incorrect
	2.							Correct / Close / Incorrect
	3.							Correct / Close / Incorrect
	4.							Correct / Close / Incorrect
	5.							Correct / Close / Incorrect
	Overall Theory							
<b>Standard of:</b>								
	Flexibility							
	Fitness							
	Power / Effort							
	<b>Total:</b>							
				>50% = Pass		>50% = Fail		
General Comments:								
<b>RESULT:</b>	"A" PASS	PASS			PASS + CONDITIONS		FAIL	