

Age	Requirement	Very Good	Good	Average	Poor	Unacceptable	Date of Grading: _____	Examiner: _____	Comments
Patterns & Kiboms									
	Kibom Sohn il								
13+	Kibom Sohn Ee								
13+	Kibom Areeil								
	Tae Geuk il Jang								
	Tae Geuk Ee Jang								
	Tae Geuk Sam Jang								
Stances									
	Attention Stance								
	Ready Stance								
	Horse Back Riding Stance								
	Walking Stance								
	Back Stance								
	Long Stance								
Blocks									
	Single Knife Hand + Punch								
	Palm Heel Middle Block								
Strikes									
	Palm Heel Strike								
	Spinning Back Fist Strike								
Kicks									
	Scissor Turning Kick								
	Reverse Hook Kick								
Sparring & Partner Work									
	One for One Kicking								
	Free Sparring								
Self Defence									
	N/A								
Breaking									
16+	Scissor Turning Kick								
16+	Back Fist Strike (to side)								
Theory & Translations									
	1.								Correct / Close / Incorrect
	2.								Correct / Close / Incorrect
	3.								Correct / Close / Incorrect
	4.								Correct / Close / Incorrect
	5.								Correct / Close / Incorrect
	Overall Theory								
Standard of:									
	Flexibility								
	Fitness								
	Power / Effort								
	Total:								
					>50% = Pass		>50% = Fail		
General Comments:									
RESULT:	"A" PASS	PASS			PASS + CONDITIONS			FAIL	