

Age	Requirement	Very Good	Good	Average	Poor	Unacceptable	Date of Grading: _____	Examiner: _____	Comments
<b>Patterns &amp; Kiboms</b>									
	Kibom Sohn il								
13+	Kibom Sohn Ee								
	Tae Geuk il Jang								
	Tae Geuk Ee Jang								
<b>Stances</b>									
	Attention Stance								
	Ready Stance								
	Horse Back Riding Stance								
	Walking Stance								
	Back Stance								
	Long Stance								
<b>Blocks</b>									
13+	Low Section Cross Block								
	High Section Cross Block								
	Twin Knife Hand Block (Mid)								
13+	Twin Knife Hand Block (Low)								
<b>Strikes</b>									
13+	Spear Finger Thrust								
	Back Fist Strike (Front)								
<b>Kicks</b>									
	Skipping Half Turning Kick								
	Back Kick								
<b>Sparring &amp; Partner Work</b>									
	One for One Kicking								
	Free Sparring								
<b>Self Defence</b>									
	N/A								
<b>Breaking</b>									
16+	Turning Kick								
<b>Theory &amp; Translations</b>									
	1.								Correct / Close / Incorrect
	2.								Correct / Close / Incorrect
	3.								Correct / Close / Incorrect
	4.								Correct / Close / Incorrect
	5.								Correct / Close / Incorrect
	Overall Theory								
<b>Standard of:</b>									
	Flexibility								
	Fitness								
	Power / Effort								
	<b>Total:</b>								
					>50% = Pass		>50% = Fail		
General Comments:									
<b>RESULT:</b>	"A" PASS	PASS			PASS + CONDITIONS			FAIL	