

Age	Requirement	Very Good	Good	Average	Poor	Unacceptable	Date of Grading: _____	Examiner: _____	Comments	
Patterns & Kiboms										
	Kibom Sohn il									
	Tae Geuk il Jang									
Stances										
	Attention Stance									
	Ready Stance									
	Horse Back Riding Stance									
	Walking Stance									
	Back Stance									
	Long Stance									
Blocks										
	High Block + Punch									
	Middle Block + Punch									
	Outer Block + Punch									
	Low Block + Punch									
Strikes										
13+	Double Punch									
	Single Knife Hand Strike									
	Elbow Strike									
Kicks										
	Side Kick									
13+	Pushing Kick									
	Inner Crescent Kick									
13+	Outer Crescent Kick									
Sparring & Partner Work										
	One for One Kicking									
	Free Sparring									
Self Defence										
	N/A									
Breaking										
16+	Side Kick									
16+	Elbow Strike									
Theory & Translations										
	1.								Correct / Close / Incorrect	
	2.								Correct / Close / Incorrect	
	3.								Correct / Close / Incorrect	
	4.								Correct / Close / Incorrect	
	5.								Correct / Close / Incorrect	
	Overall Theory									
Standard of:										
	Flexibility									
	Fitness									
	Power / Effort									
	Total:									
					>50% = Pass	>50% = Fail				
General Comments:										
RESULT:	"A" PASS	PASS			PASS + CONDITIONS			FAIL		